

PRODUCED BY MUKINBUDIN CRC









TENNIS COURTS AND BOWLING GREENS REOPEN

The Shire of Mukinbudin advises that community members are permitted to resume playing Tennis and Bowls, with some restrictions.

A maximum of 10 people applies to the sports and players/spectators are reminded to maintain social distancing rules until State and Federal Governments advise otherwise.





UNRESTRICTED BURNING NOTICE

The **Unrestricted Burning Period** commences today, Friday 1st May 2020.

The Restricted Burning Period had previously been extended due to conditions which resulted in drier bushland fuels which in turn can result in fire intensity greater than normally expected at this time of year.

Please exercise caution when burning at any time of the year.

CALL 000 FOR ALL FIRE AND LIFE THREATENING EMERGENCIES

Phil Smith
CHIEF BUSH FIRE CONTROL OFFICER

CUMMINS THEATRE - FREE LIVE STREAM EVENT

Morning Melodies Concert Series

Friday 8th May 2020 @ 11am

Join us 'live' online from the Cummins Theatre for a morning of Magical Melodies for Mothers Day.

This free online Morning Melodies Concert will run for 30 minutes, so make a cuppa, grab a sweet treat, then sit back, relax and join the Theatre Manager for a morning of music.

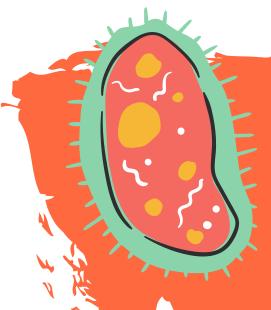
Make sure you '**like**' the Cummins Theatre Facebook page so you can watch the live concert.







10am Thursday 28th May 2020 Go to this link on your digital device to join the virtual morning tea: https://us02web.zoom.us/j/87088690236



7 days straight of <u>ZERO</u> new cases of Covid-19

23 active cases currently in WA

Information source: Government of WA, Department of Health Wednesday 6.5.2020

WHEATBELT NRM MOST WANTED!



Have you seen any of these special birds, or do you have a patch of woodland? Contact us to share your knowledge and help us protect our Wheatbelt wonders.

The WA Wheatbelt is home to a huge number of unique flora and fauna species. And Wheatbelt NRM is on the lookout for some of our most wanted. These species are considered threatened and we are working with community to ensure they don't go extinct.

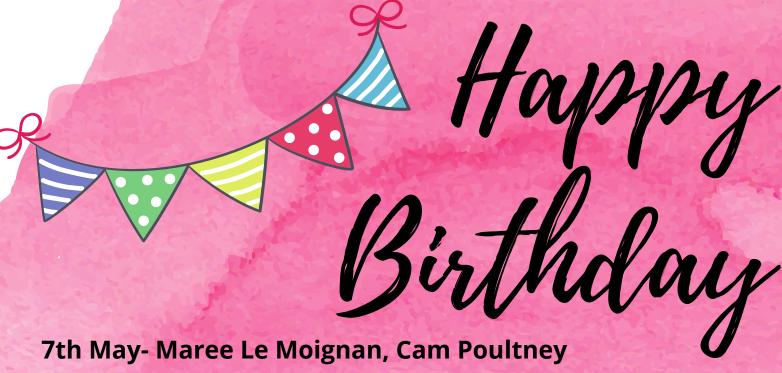
Let us know so together we can ensure their survival. Contact Anika Dent on adent@wheatbeltnrm.org.au or 9670 3104.

www.wheatbeltnrm.org.au









10th May-Rod Comerford

11th May- Danny O'Donnell Snr, Skye Paterson, Jake Turner

12th May- Doug Seaby

13th May- Mick Walsh, Callan Hegarty, Narelle Behme





ACTION CALENDAR: MEANINGFUL MAY 2020





MONDAY

TUESDAY

"Start Where You Are. Use What You Have.

Do What You Can" ~ Arthur Ashe

WEDNESDAY

THURSDAY

FRIDAY

Take a minute

to remember what

really matters to

you and why

8 Set yourself a kindness mission. Give your time to

help others

Look out

for positive news

and reasons to be

cheerful today

16 Look around

you and notice five things you find meaningful

SATURDAY

with nature today, even if you're 10 Tell someone

Take a

positive action

to help in your

local community

SUNDAY

Reconnect

rather than what

your most

important values?

Use them today

Send friends a photo of a time you all enjoyed together

12 Be grateful

Today do

something to

care for the

natural world

- you love know how much they mean to you
 - who are helping to

Share photos of 3 things you

find meaningful

or memorable

Let someone

- 15 Find out about the values and traditions of another culture
 - 22 Ask a loved
 - 23 Share an inspiring quote with others to give them a boost
- 24 Do something revisit it in your memory tonight

a note to someone

18 Hand-write

- 25 Give your 26 Recall three time to help a project or charity you care about
- 19 Find a way are doing to give it more meaning
 - 27 Today link your decisions and choices to your purpose in life
- 28 Tell someone really meaningful
- Think about how your actions make a difference for others
- 30 Find three
- 31 Look up at the sky. Remember we are all part of something bigger

ACTION FOR HAPPINESS













We'de love to hear from you!

With any new publication, feedback is so valuable. So we thought we would ask you, our readers, how we are going?

Email us your answers to these 4 questions? (admin@mukacrc.net.au)

Are you enjoying recieving Muka News Digital to your device?

What do we do well?

Is there anything we could do better?

Would you like to see Muka News Digital continue in to the future?

Digital benefits

To date Muka News Digital has sent out 6 editions of the newsletter. We multiplied the printing by the number of people who receive Muka News Digital via email. If we had printed instead of emailing we would have used 4,400 pages of paper to be read and thrown away.





Thank you to Rachel McGlashan for creating this beautiful happy mothers day design for this weeks front page. Send through your creations for the front page. admin@mukacrc.net.au