

ISSUE 6- THURSDAY 7.5.2020

# MUKA NEWS

## DIGITAL

PRODUCED BY MUKINBUDIN CRC



Sunday 10th May 2020



Colour  
me in



Happy  
Mother's  
Day

**B** Bendigo Bank

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Printed copies available at the Mukinbudin Bendigo Bank Branch.

# TENNIS COURTS AND BOWLING GREENS REOPEN

The Shire of Mukinbudin advises that community members are permitted to resume playing Tennis and Bowls, with some restrictions.

A maximum of 10 people applies to the sports and players/spectators are reminded to maintain social distancing rules until State and Federal Governments advise otherwise.



## UNRESTRICTED BURNING NOTICE

The **Unrestricted Burning Period** commences today, Friday 1st May 2020.

The Restricted Burning Period had previously been extended due to conditions which resulted in drier bushland fuels which in turn can result in fire intensity greater than normally expected at this time of year.

*Please exercise caution when burning at any time of the year.*

**CALL 000 FOR ALL FIRE AND LIFE THREATENING EMERGENCIES**

Phil Smith  
CHIEF BUSH FIRE CONTROL OFFICER



CUMMINS THEATRE - FREE LIVE STREAM EVENT

# *Morning Melodies Concert Series*

**Friday 8<sup>th</sup> May 2020**  
**@ 11am**



Join us 'live' online from the Cummins Theatre for a morning of Magical Melodies for Mothers Day.

This free online Morning Melodies Concert will run for 30 minutes, so make a cuppa, grab a sweet treat, then sit back, relax and join the Theatre Manager for a morning of music.

Make sure you '**like**' the Cummins Theatre Facebook page so you can watch the live concert.



\*\* Livestreaming uses approximately 1.8GB of data per hour.



# Australia's Biggest Morning Tea goes virtual in 2020

Join us for-

## Muka's Virtual Biggest Morning Tea

**Thursday 28th May  
10am**

Make yourself a cuppa, click the join link on your digital device, and be part of this online Biggest Morning Tea event.



Follow the MukinbudinCRC facebook page  
Biggest Morning Tea event for details or email  
[admin@mukacrc.net.au](mailto:admin@mukacrc.net.au)



**Cancer Council**  
Australia's Biggest  
Morning Tea

10am Thursday 28th May 2020

Go to this link on your digital device to join the virtual morning tea:

**<https://us02web.zoom.us/j/87088690236>**

## 7 days straight of **ZERO** new cases of Covid-19

## 23 active cases currently in WA

Information source: Government of WA,  
Department of Health Wednesday 6.5.2020



# WHEATBELT NRM MOST WANTED!

Have you seen any of these?



## Malleefowl

Did you know this amazing bird is losing its fight against feral predators and habitat loss. Did you know they are part of a group known as Megapodes – which means ‘large foot’ due to the strong legs they use to dig their nesting mound.



## Black cockatoos

There are three species of black cockatoos in WA and they can all be found in the Wheatbelt. The iconic Carnaby's cockatoo is known as the bringer of rain. This is probably related to their habit of returning to the Wheatbelt in winter to breed. Did you know they nest in tree hollows and only eucalypts around 150 years old have the right type of hollows.

## Wheatbelt Woodlands

The Wheatbelt Woodlands include some of our iconic eucalypt woodlands such as Salmon gums, York gums and about 31 other species. We are working to protect patches of remnant bushland in good condition. Do you have your favourite patch of eucalypt woodland? Do you want to protect it and restore it?

Have you seen any of these special birds, or do you have a patch of woodland? Contact us to share your knowledge and help us protect our Wheatbelt wonders.

The WA Wheatbelt is home to a huge number of unique flora and fauna species. And Wheatbelt NRM is on the lookout for some of our most wanted. These species are considered threatened and we are working with community to ensure they don't go extinct.

Let us know so together we can ensure their survival. Contact Anika Dent on [adent@wheatbeltnrm.org.au](mailto:adent@wheatbeltnrm.org.au) or 9670 3104.

[www.wheatbeltnrm.org.au](http://www.wheatbeltnrm.org.au)





# Happy Birthday

**7th May- Maree Le Moignan, Cam Poultney**

**10th May- Rod Comerford**

**11th May- Danny O'Donnell Snr, Skye Paterson, Jake Turner**

**12th May- Doug Seaby**

**13th May- Mick Walsh, Callan Hegarty, Narelle Behme**



## ACTION CALENDAR: MEANINGFUL MAY 2020



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

"Start Where You Are. Use What You Have.  
Do What You Can" ~ Arthur Ashe



**4** Focus on what you can do rather than what you can't do

**5** Send friends a photo of a time you all enjoyed together

**6** Take a step towards one of your life goals, however small

**7** Let someone you love know how much they mean to you

**1** Take a minute to remember what really matters to you and why

**2** Do something meaningful for someone you really care about

**3** Reconnect with nature today, even if you're stuck indoors

**11** What are your most important values? Use them today

**12** Be grateful for the little things, even in difficult times

**13** Today do something to care for the natural world

**14** Show your gratitude to people who are helping to make things better

**15** Find out about the values and traditions of another culture

**16** Look around you and notice five things you find meaningful

**17** Take a positive action to help in your local community

**18** Hand-write a note to someone you love and send them a photo of it

**19** Find a way to craft what you are doing to give it more meaning

**20** Reflect on what makes you feel really valued and appreciated

**21** Share photos of 3 things you find meaningful or memorable

**22** Ask a loved one or colleague what matters most to them and why

**23** Share an inspiring quote with others to give them a boost

**24** Do something special today and revisit it in your memory tonight

**25** Give your time to help a project or charity you care about

**26** Recall three things you've done that you are really proud of

**27** Today link your decisions and choices to your purpose in life

**28** Tell someone about an event in your life that was really meaningful

**29** Think about how your actions make a difference for others

**30** Find three good reasons to be hopeful about the future

**31** Look up at the sky. Remember we are all part of something bigger

**ACTION FOR HAPPINESS**



[www.actionforhappiness.org](http://www.actionforhappiness.org)

31 actions to look after ourselves and each other as we face this global crisis together

Keep Calm · Stay Wise · Be Kind





# Feedback Forum

We'd love to hear from you!

**With any new publication, feedback is so valuable. So we thought we would ask you, our readers, how we are going?**

**Email us your answers to these 4 questions?**  
**([admin@mukacrc.net.au](mailto:admin@mukacrc.net.au))**

Are you enjoying receiving Muka News Digital to your device?

What do we do well?

Is there anything we could do better?

Would you like to see Muka News Digital continue in to the future?

## Digital benefits

**To date Muka News Digital has sent out 6 editions of the newsletter. We multiplied the printing by the number of people who receive Muka News Digital via email. If we had printed instead of emailing we would have used 4,400 pages of paper to be read and thrown away.**



Thank you to Rachel McGlashan for creating this beautiful happy mothers day design for this weeks front page. Send through your creations for the front page.

[admin@mukacrc.net.au](mailto:admin@mukacrc.net.au)